

Student Athlete Participation Agreement

Student Athlete's Name _____ Sport _____

Student Athletic Pledge

1. Abide by the Student Athletic Code and team rules
2. Represent yourself and school well
3. Maintain scholastic eligibility
4. Promote good sportsmanship at all times
5. Be loyal to teammates and coaches
6. Complete the Concussion and Head Injury Information Sheet

I have received and read the Student Athletic Code and Athletic Pledge and understand the conditions for participating in interscholastic athletics.

Signature of Student Athlete

Date

NON-DISCRIMINATION

University Place School District #83 complies with all federal laws, rules and regulations and does not discriminate on the basis of race, color, national origin, gender or disabilities in student education programs, co-curricular activities, or employment policies. the district is an equal opportunity/affirmative action employer encouraging application of qualified minorities, women and disabled persons for employment and other opportunities. The University Place School District is a drug-free/smoke-free workplace and educational setting. Please direct inquiries regarding compliance, grievance, or appeal procedures to the District Affirmative Action and Title IX officer, Paul Harvey, (253) 566-7600 ext. 3315 or Section 504/ADA officer, John Sanders, (253) 566-5600 ext. 3330, 3717 Grandview Dr. W. University Place, WA. 98466

Signature of Parent/Guardian

Date

University Place School District #83
Concussion Information Sheet

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, **all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly.** In other words, even a “ding” or a bump on the head can be serious. You can’t see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

Symptoms may include one or more of the following:

- | | |
|--|--|
| <ul style="list-style-type: none">• Headaches• “Pressure in head”• Nausea or vomiting• Neck pain• Balance problems or dizziness• Blurred, double, or fuzzy vision• Sensitivity to light or noise• Feeling sluggish or slowed down• Feeling foggy or groggy• Drowsiness• Change in sleep patterns | <ul style="list-style-type: none">• Amnesia• “Don’t feel right”• Fatigue or low energy• Sadness• Nervousness or anxiety• Irritability• More emotional• Confusion• Concentration or memory problems (forgetting game plays)• Repeating the same question/comment |
|--|--|

Signs observed by teammates, parents and coaches include:

- Appears dazed
- Vacant facial expression
- Confused about assignment
- Forgets plays
- Is unsure of game, score, or opponent
- Moves clumsily or displays incoordination
- Answers questions slowly
- Slurred speech
- Shows behavior or personality changes
- Can’t recall events prior to hit
- Can’t recall events after hit
- Seizures or convulsions
- Any change in typical behavior or personality
- Loses consciousness

University Place School District #83

Concussion Information Sheet

What can happen if my child keeps on playing with a concussion or returns to soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athletes will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for student-athlete's safety.

If you think your child has suffered a concussion

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. The new "Zackery Lystedt Law" in Washington now requires the consistent and uniform implementation of long and well-established return to play concussion guidelines that have been recommended for several years:

"a youth athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time"

and

"...may not return to play until the athlete is evaluated by a licensed health care provider trained in the evaluation and management of concussion and received written clearance to return to play from that health care provider".

You should also inform your child's coach if you think that your child may have a concussion. Remember its better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

For current and up-to-date information on concussions you can go to:

<http://www.cdc.gov/ConcussionInYouthSports/>

Student-athlete Name Printed

Student-athlete Signature

Date

Parent or Legal Guardian Printed

Parent or Legal Guardian Signature

Date

CURTIS SENIOR HIGH SCHOOL EMERGENCY INFORMATION

****ALL COPIES MUST BE COMPLETED****

Student Name: _____ Birthdate: _____ Age: _____ Male Female
Phone #1: _____ Phone #2: _____
Emergency Contact: _____ Emergency Phone: _____
Family Doctor: _____ Dr. Phone: _____
Preferred Hospital: _____ Known Allergies: _____

Has your son or daughter had a concussion or head injury within the last 12 months? YES NO

The team physician, trainer and coach may apply first aid treatment until the family doctor can be contacted. YES NO

Transportation to and from athletic practices and contests is normally scheduled in school district vehicles. If private transportation is deemed necessary by school authorities for athletic events, we give our permission for our son/daughter to travel by private vehicle. We give our consent for coaches, trainers and team physician to use their own judgement in procuring medical aid and ambulance service in case the parents cannot be reached. YES NO

Date

Parent Signature

CURTIS SENIOR HIGH SCHOOL EMERGENCY INFORMATION

****ALL COPIES MUST BE COMPLETED****

Student Name: _____ Birthdate: _____ Age: _____ Male Female
Phone #1: _____ Phone #2: _____
Emergency Contact: _____ Emergency Phone: _____
Family Doctor: _____ Dr. Phone: _____
Preferred Hospital: _____ Known Allergies: _____

Has your son or daughter had a concussion or head injury within the last 12 months? YES NO

The team physician, trainer and coach may apply first aid treatment until the family doctor can be contacted. YES NO

Transportation to and from athletic practices and contests is normally scheduled in school district vehicles. If private transportation is deemed necessary by school authorities for athletic events, we give our permission for our son/daughter to travel by private vehicle. We give our consent for coaches, trainers and team physician to use their own judgement in procuring medical aid and ambulance service in case the parents cannot be reached. YES NO

Date

Parent Signature

CURTIS SENIOR HIGH SCHOOL EMERGENCY INFORMATION

****ALL COPIES MUST BE COMPLETED****

Student Name: _____ Birthdate: _____ Age: _____ Male Female
Phone #1: _____ Phone #2: _____
Emergency Contact: _____ Emergency Phone: _____
Family Doctor: _____ Dr. Phone: _____
Preferred Hospital: _____ Known Allergies: _____

Has your son or daughter had a concussion or head injury within the last 12 months? YES NO

The team physician, trainer and coach may apply first aid treatment until the family doctor can be contacted. YES NO

Transportation to and from athletic practices and contests is normally scheduled in school district vehicles. If private transportation is deemed necessary by school authorities for athletic events, we give our permission for our son/daughter to travel by private vehicle. We give our consent for coaches, trainers and team physician to use their own judgment in procuring medical aid and ambulance service in case the parents cannot be reached. YES NO

Date

Parent Signature

Physical Examination - Prior to the first participation at Curtis SENIOR or JUNIOR High School, a student shall undergo a medical examination and be approved for interscholastic athletic competition by a medical authority licensed to perform a physical examination.

The physical examination shall be valid for twenty-four (24) consecutive months. For each subsequent twenty-four month period the student shall furnish a statement or physical examination form signed by a medical authority licensed to perform a physical examination, that provides clearance for continued athletic participation.

To resume participation following an illness and/or injury serious enough to require medical care, a participating student must present to the school officials a physician's written release.

PRE-PARTICIPATION HISTORY AND PHYSICAL EXAMINATION

This form is not required as long as the conditions of 18.13.0 are met.

Name: _____ Birth Date: _____ Exam Date: _____
Address: _____ City: _____ Zip: _____
Phone: _____ Sport: _____

HISTORY

- | Grade | Yes | No | |
|-------|--------------------------|--------------------------|--|
| 1 a | <input type="checkbox"/> | <input type="checkbox"/> | Have you had any illness/injury recently, or do you have an illness/injury now? |
| b | <input type="checkbox"/> | <input type="checkbox"/> | Have you had a medical problem, illness or injury since your last exam? |
| c | <input type="checkbox"/> | <input type="checkbox"/> | Do you have any chronic or recurrent illness? |
| d | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever had any illness lasting more than a week? |
| e | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever been hospitalized overnight? |
| f | <input type="checkbox"/> | <input type="checkbox"/> | Have you had any surgery other than tonsillectomy? |
| g | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever had any injuries requiring treatment by a physician? |
| h | <input type="checkbox"/> | <input type="checkbox"/> | Do you have any organ missing other than tonsils (appendix, eye, kidney, testicle, etc.)? |
| 2 | <input type="checkbox"/> | <input type="checkbox"/> | Are you presently taking ANY medications (including birth control pill, vitamin, aspirin, etc.)? |
| 3 | <input type="checkbox"/> | <input type="checkbox"/> | Do you have ANY allergies (medicines, bees, foods, or other factors)? |
| 4 a | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever had chest pain, dizziness, fainting, passing out during or after exercise? |
| b | <input type="checkbox"/> | <input type="checkbox"/> | Do you tire more easily or quickly than your friends during exercise? |
| c | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever had any problem with your blood pressure or your heart? |
| d | <input type="checkbox"/> | <input type="checkbox"/> | Have any close relatives had heart problems, heart attack or sudden death before they were age 50? |
| 5 | <input type="checkbox"/> | <input type="checkbox"/> | Do you have any skin problems (acne, itching, rashes, etc.)? |
| 6 a | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever had fainting, convulsions, seizures or severe dizziness? |
| b | <input type="checkbox"/> | <input type="checkbox"/> | Do you have frequent severe headaches? |
| c | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever had a "stinger" or "burner" or "pinched nerve"? |
| d | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever been "knocked out" or "passed out"? |
| e | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever had a neck or head injury? |
| 7 | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever had heat exhaustion, heat stroke, heat cramps or similar heat-related problems? |
| 8 | <input type="checkbox"/> | <input type="checkbox"/> | Have you had asthma or trouble breathing or cough during or after exercise? |
| 9 a | <input type="checkbox"/> | <input type="checkbox"/> | Do you wear eyeglasses, contact lenses or protective eye wear? |
| b | <input type="checkbox"/> | <input type="checkbox"/> | Have you had any problem with your eyes or vision? |
| 10 | <input type="checkbox"/> | <input type="checkbox"/> | Do you wear any dental appliance such as braces, bridge, late, retainer? |
| 11 a | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever had a knee injury? |
| b | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever had an ankle injury? |
| c | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever injured any other joint (shoulder, wrist, fingers, etc.)? |
| d | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever had a broken bone (fracture)? |
| e | <input type="checkbox"/> | <input type="checkbox"/> | Have you ever had a cast, splint, or had to use crutches? |
| f | <input type="checkbox"/> | <input type="checkbox"/> | Must you use special equipment for competition (pads, braces, neck roll, etc.)? |
| 12 | <input type="checkbox"/> | <input type="checkbox"/> | Has it been more than 5 years since your last tetanus booster shot? |
| 13 | <input type="checkbox"/> | <input type="checkbox"/> | Are you worried about your weight? |
| 14 | <input type="checkbox"/> | <input type="checkbox"/> | FEMALES. Have you any menstrual problems? |
| 15 | <input type="checkbox"/> | <input type="checkbox"/> | Have you any medical concerns about participating in your sport? |

*****ATHLETE SHOULD NOT WRITE BELOW THIS LINE*****

EXAMINER'S COMMENTS ON ALL "YES" ANSWERS (refer to question number):

PHYSICAL EXAMINATION

Optional

Pulse: _____

Height: _____ Blood Pressure: _____

Weight: _____ Visual Acuity: Left 20/ _____
Grade Right 20/ _____

Urinalysis:
Body Fat %:
HCT:
EST VO2 Max:
Audiometry:

Normal

Abnormal

- | | |
|--|--------------------------------|
| <input type="checkbox"/> 1 Head | <input type="checkbox"/> _____ |
| <input type="checkbox"/> 2 Eyes (pupils), ENT | <input type="checkbox"/> _____ |
| <input type="checkbox"/> 3 Teeth | <input type="checkbox"/> _____ |
| <input type="checkbox"/> 4 Chest | <input type="checkbox"/> _____ |
| <input type="checkbox"/> 5 Lungs | <input type="checkbox"/> _____ |
| <input type="checkbox"/> 6 Heart | <input type="checkbox"/> _____ |
| <input type="checkbox"/> 7 Abdomen | <input type="checkbox"/> _____ |
| <input type="checkbox"/> 8 Genitalia | <input type="checkbox"/> _____ |
| <input type="checkbox"/> 9 Neurologic | <input type="checkbox"/> _____ |
| <input type="checkbox"/> 10 Skin | <input type="checkbox"/> _____ |
| <input type="checkbox"/> 11 Physical Maturity | <input type="checkbox"/> _____ |
| <input type="checkbox"/> 12 Spine. Back | <input type="checkbox"/> _____ |
| <input type="checkbox"/> 13 Shoulders. Upper extremities | <input type="checkbox"/> _____ |
| <input type="checkbox"/> 14 Lower extremities | <input type="checkbox"/> _____ |

- Assessment: Full participation
 Limited participation (describe limitations, restrictions):

 Participation contraindicated (list reasons):

Recommendations (equipment, taping, rehabilitation, etc.):

DATE: _____ EXAMINER'S SIGNATURE _____

EXAMINER'S PHONE: _____ PRINT EXAMINER'S NAME _____

PHYSICAL EXAM IS GOOD FOR 24 MONTHS

PHYSICAL EXAMINATION UPDATE

(Statement for Continued Participation)

Name _____ Phone _____

Address _____
Street City State Zip

School _____ Grade: 8 9 10 11 12
(circle one)

WIAA Regulation - PHYSICAL EXAMINATION - Prior to the first practice for participation in interscholastic athletics in a middle level school and prior to participation in a high school sport, a student shall undergo a thorough medical examination and be approved for interscholastic athletic competition by a medical authority licensed to perform a physical examination. This physical examination must include, but not necessarily be limited to:

- A. **Documentation of a detailed review of the student's medical history with special attention to presence or absence of cardiovascular/pulmonary risks and/or previous significant injury and rehabilitation there from.**
- B. **Documentation of satisfactory examination of the cardiopulmonary system.**
- C. **Documentation of satisfactory sport specific orthopedic screening examination.**
- D. **A written statement by the examiner as to the fitness of the student to undertake the proposed athletic participation, together with suggestion for activity modification if necessary.**

EXAMINER'S CERTIFICATION:

Date of last complete physical examination: _____

I hereby certify that the above-named individual's physical condition is adequate to participate **DURING THE NEXT 24 MONTHS** in supervised interscholastic activities NOT CROSSED OUT BELOW:

- | | | |
|---------------|------------|------------|
| Baseball | Fast pitch | Swimming |
| Basketball | Football | Tennis |
| Bowling | Golf | Track |
| Cheer/Spirit | Gymnastics | Volleyball |
| Cross Country | Lacrosse | Water polo |
| Dance/Drill | Soccer | Wrestling |

Date

Examiner's Signature

Examiner's Name (Print)

MEDICAL AUTHORITIES LICENSED TO GIVE PHYSICAL EXAMINATIONS	
1 Medical Doctor (MD)	4 Medics - Physician Assistant (P.A.)
2 Doctor of Osteopathy (D.O.)	5 Naturopaths (N.D.)
3 Certified Nurse Practitioner (CRN)	

University Place School District

Athletic Code of Conduct

University Place School District's Student Athletic Code exists in order to provide specific guidelines to be followed by students who represent their school in athletics. In addition to this Student Athletic Code, athletic program participants are also governed by their school's student handbook, school district policy, and W.I.A.A. requirements.

All students who participate in the athletic program of the University Place School District will comply with the rules and regulations and will submit to the reasonable discipline of school authorities. Any student having registered and/or participated in the athletic program is subject to the athletic conduct and control for student athletes from the first participation until graduation from senior high school.

The following acts by a student athlete on school premises (or in reasonable proximity thereto), or off school premises at any school-sponsored activity will constitute sufficient cause for athletic discipline, probation, suspension or dismissal: disruptive conduct, disobedience of reasonable instructions of school authorities: refusal to identify oneself: unauthorized absence from turnout or game; cheating; immoral conduct; vulgarity or profanity, destruction or defacing property: extortion, intimidation or harassment (including racial/gender) of another student or employee: assault of another student or employee; stealing; possession or use of any dangerous weapons or objects; possession, use, or sale of tobacco, alcohol, or drugs; and, the commission of any criminal act as defined by law.

CONDUCT DEFINITIONS/TERMS

Athletic Discipline - Athletic discipline will mean all forms of corrective action or sanction other than probation, suspension or expulsion, and will include the exclusion of a student athlete from an activity by a coach for a period of time, not exceeding the balance of the immediate turnout or game.

Athletic Probation - Athletic probation is a period during which a student athlete remains a part of the squad while he/she is given an opportunity to correct the deficiencies in a time prescribed by the head coach. During probation, student athletes may continue to participate in turnouts and contests.

Athletic Suspension - Athletic suspension will be a suspension from athletic participation for a specified number of days, the duration which may extend beyond the current season. The suspended student athlete is not allowed to participate in any scrimmages or interscholastic contests, however will be expected to participate in all other team activities.

Athletic Expulsion - Athletic expulsion will mean the complete denial of the privilege to participate in the athletic program for an indefinite period of time.

In Season - Begins with the first WIAA allowed practice day and ends with the awards ceremony (banquet) for that sport. In the event of no season-ending banquet or a banquet held prior to the last competition, the ending date will be after the last scheduled event for that sport.

Out of Season – The time period beginning after the last WIAA spring sports state championship until the first day of fall sports practice. Any period of time between the first fall

practice until the last spring sport state championship that a student is not participating in an interscholastic sport.

Calendar Year - 365 consecutive days.

Completed Season - A season in which a student athlete begins the season within the first week of turnout and completes the season, in good standing, without interruption, until the last scheduled contest or banquet, whichever is later.

Actual Possession - The act of having a substance in one's custody or control. Actual possession occurs when the item is in the physical custody of the person charged with possession.

Constructive Possession - In the absence of physical possession, if there is dominion and control over the substance -- such as knowledge that alcohol, tobacco, legend drugs or illegal substances are available and/or being used by others -- student athletes have a responsibility to remove themselves, beyond all reasonable doubt and proximity, from that situation. At off campus events, where drugs, alcohol or other illegal substances are evident, student athletes who have made a willful choice to remain at the event, are in violation of the rule.

Use - Physical consumption of a substance by means of inhalation, snorting, drinking, absorption, injection or any other method which produces an intoxicating or mental/physical altering effect.

Sale - The act of distributing an illegal substance by means of exchanging substances for an agreed sum of money or other valuable consideration.

Proximity - Close in distance, time or relationship (commingling or interacting) with other students coming or going from a social gathering, whether inside location or outside (yard/street/neighborhood).

Discovery-Investigative - The process by which an administrator/coach arrives at a conclusion regarding a student's involvement in an athletic code infraction. The decision will be based on evidence, either verbal or written.

Self-Referral - Student athlete who report self-infractions to school administrator prior to any investigation or inquiry by school administrators or staff.

Citizenship

Student athletes are expected to behave in manner that brings positive recognition to the school and community. Any civil law infraction or conduct that is determined by school administration to be detrimental to the athletic program, school, or school district will result in athletic probation, suspension or expulsion.

Scholarship

The student athlete must pass five out of six classes and earn a grade point average of no less than 2.0 at the completion of the immediate preceding semester/quarter.

A student athlete who fails to pass five out of six classes will be subject to the consequences applied by the WIAA. Fall athletes will be placed on probation until the last Saturday in September. Winter athletes will serve a probationary period the first five weeks of second quarter. Spring athletes will serve a five week suspension the beginning of 4th quarter

A student athlete that fails to meet the 2.0 grade point average requirement will be placed on probation the Monday after grades are submitted by teachers. After twenty days of the next quarter, the student athlete may be reinstated for interscholastic competition, if he/she has a grade point average of no less than 2.0. For fall athletes the probationary period will be ten days.

Student athletes may attend summer school to regain athletic eligibility. Classes taken during summer school will be averaged with the student athlete's second semester grades. If a class is retaken, the summer school grade if higher will replace the previous grade.

Ninth grade student athletes that participate on high school teams will be required to comply with the High School academic requirements.

Exceptions to this minimum grade point average requirement can only be made by the principal. The principal will review all petitions for any relaxation of this requirement on an individual basis and will base his/her decision on the degree to which the petitioner can make a case that the grade point average was uniquely affected by exceptional circumstances outside of the control of the student athlete or parent/guardian.

School Attendance

Any student athlete participating in an activity must attend all classes on the day of a competition. In cases of weekday contests, attendance in all classes the following day is also expected. Failure to comply with these attendance regulations may result in the student athlete being placed on suspension from the next contest. An exception may be made when a coach makes specific arrangement for an individual case with the district athletic director.

School Discipline

A student athlete that receives school discipline that includes suspension will serve an athletic expulsion during the suspension.

TOBACCO & ALCOHOL

A student must be free from actual or constructive possession of tobacco, alcohol, controlled substances, and legend drugs.

Sanctions

FIRST VIOLATION – IN SEASON - HIGH SCHOOL

Means of Discovery	Actual Possession/Use/Sale	Constructive Possession
Investigative	<p>Expulsion - 60 days or length of current season, whichever is longer.</p> <p>The student athlete must consent to an assessment by a district approved agency and will comply with the recommendation of the assessment prior to the next season of participation.</p>	<p>Expulsion - 45 days or length of current season, whichever is longer.</p> <p>The student athlete must consent to an assessment by a district approved agency and will comply with the recommendation of the assessment prior to returning to participation.</p>
Self-Referral	<p>Expulsion - 45 days or length of current season, whichever is longer.</p> <p>The student athlete must consent to an assessment by a district approved agency and will comply with the recommendation of the assessment prior to returning to participation.</p>	<p>Suspension - 30 days or length of current season, whichever is longer.</p>

First Violation – In Season – Junior High

Means of Discovery	Actual Possession/Use/Sale	Constructive Possession
Investigative	<p>Expulsion - 25 days or length of current season, whichever is longer.</p> <p>The student athlete must consent to an assessment by a district approved agency and will comply with the recommendation of the assessment prior to returning to participation.</p>	<p>Expulsion - 20 days or length of current season, whichever is longer.</p> <p>The student athlete must consent to an assessment by a district approved agency and will comply with the recommendation of the assessment prior to returning to participation.</p>
Self Referral	<p>Expulsion - 20 days or length of current season, whichever is longer.</p> <p>The student athlete must consent to an assessment by a district approved agency and will comply with the recommendation of the assessment prior to returning to participation.</p>	<p>Suspension - 14 days or length of current season which ever is longer.</p>

First Violation – Out of Season

The student athlete will be placed on suspension for the first fifteen turnout days during the next completed sports season in which the student athlete participates; also, the student athlete will miss the first interscholastic contest to follow this suspension if no interscholastic contest should fall within the suspension period.

Second Violation – In Season or Out of Season

Whether in season or out of season, a second violation of the athletic code for alcohol and/or substance abuse, will result in expulsion from all sports in the University Place School District for one calendar year. The student athlete must consent to an assessment by a district approved agency and will comply with the recommendation of the assessment. The student athlete and parent/guardian will meet with the principal or designee prior to returning to participation.

Third Violation – In Season or Out of Season

Whether in season or out of season, a third violation of the athletic code for tobacco, alcohol and/or substance abuse, will result in expulsion from all interscholastic sports in the University Place School District for the remainder of the student athlete's high school career.

CONTROLLED SUBSTANCES & LEGEND DRUGS

Penalties for violation of RCW 69.41.020 - 69.41.050 (Legend Drugs including anabolic steroids possession, sale, and/or use) -- A violation of RCW 69.41.020 - 69.41.050 will be considered a violation of the eligibility code and standards and will subject the student to disciplinary actions. The following penalties will be administered:

First Violation – In Season or Out of Season

The student athlete will be immediately ineligible for interscholastic competition in the current interscholastic sport program for the remainder of the season. Ineligibility will continue until the next sports season in which the student athlete wishes to turn out. In order to be eligible to participate in the next interscholastic sports season, the student athlete will meet with the district athletic director.

A student athlete who seeks and receives help for a problem with use of legend drugs (RCW 69.41.010 identified substances) will be given the opportunity for assistance through the school and/or community agencies. In no instance will participation in a school and/or community-approved assistance program excuse a student athlete from subsequent compliance with this regulation. Successful utilization of this opportunity by the student athlete may allow him/her to participate in the athletic program, pending recommendation by the district athletic director.

Second Violation – In Season or Out of Season

A student athlete who again violates any provision of RCW 64.41.020 through 69.41.050 will be ineligible and prohibited from participating in any interscholastic sports program for a period of one calendar year from the date of the second violation.

Third Violation – In Season or Out of Season

A student athlete who violates for a third time RCW 69.41.020 - 69.41.050 will be permanently prohibited from participation in any interscholastic school athletic program.

CRIMINAL ACTS

First Violation – In Season

The student athlete will receive athletic expulsion for the remainder of the season or 60 days, whichever is longer. The athletic expulsion may carry over to the subsequent sport season.

First Violation – Out of Season

The student athlete will be placed on probation for 15 days of the next completed sports season. The athlete will miss the first interscholastic contest if it does not fall within the probationary period.

Second Violation – In Season or Out of Season

The student athlete will receive an athletic expulsion for one calendar year from the date of the second violation

PROCEDURES FOR IMPLEMENTING ATHLETIC DISCIPLINE, PROBATION, SUSPENSION AND EXPULSION

Athletic Discipline and Probation

Coaches may send student athletes home for the remainder of a contest or turnout if their conduct is disruptive.

In the event athletic probation is imposed, the coach will:

Inform the Athletic Director of the proposed discipline and secure approval;

Inform the student athlete of the deficiencies, how the student athlete is to correct them and the number of days of probation;

Send an athletic discipline letter to the parent/guardian with copies to the Athletic Director.

Upon completion of the probationary period, and if the deficiency is corrected, the student athlete is removed from probation; if the deficiency is not corrected, the probationary period is extended or the student athlete is recommended for suspension.

Athletic Suspension and Expulsion

Prior to the suspension or expulsion of any student athlete, a conference will be conducted with the student athlete as follows:

The athletic director will present to the student athlete an oral and/or written notice of alleged misconduct and violation(s) of school district rules; the evidence of school district rules; the evidence in support of the allegations; and, the corrective action or sanction to be recommended.

The student athlete will be provided the opportunity to present an explanation.

Following the conference with the student athlete, the student athlete will be orally notified of the action taken. Promptly thereafter, written notice will be sent by mail to the student athlete's parent/guardian containing the following information:

- The action taken (suspension, expulsion, etc.);
- The reason for such disciplinary action; and,
- The right to an informal conference

A copy of the suspension or expulsion notice will be sent to the Principal and Deputy Superintendent.

GRIEVANCE PROCEDURE

Informal Conference

Any student athlete, parent or guardian who is aggrieved by any athletic suspension or expulsion has the right to an informal conference with the principal, or his/her designee. Any request for such informal conference will be made within five school days of the written notice of the action.

At such informal conference, the student athlete, parent/guardian will be subject to questioning by the principal or his/her designee and will be entitled to question school employees involved in the matter being grieved.

Formal Conference

Any student athlete, parent/guardian who may be aggrieved following the informal conference may, upon three days prior notice, present a written and/or oral grievance to the Superintendent of designee. If the grievance is not resolved, the student, parent/guardian, upon three school days prior notice, may present a written and/or oral grievance to the Board of Directors to be dealt with at its next regularly scheduled or special meeting. Any such grievance will be made within five school days after previous decisions have been rendered.

The Board of Directors will notify the student athlete and the student athlete's parent/guardian in writing of its decision within ten school days following the meeting.

The athletic discipline, probation, suspension or expulsion will continue notwithstanding the implementation of the grievance procedure.